



Adult Volleyball League Rules

Revised 11/27/18

LEAGUE AUTHORITY

1. The Ottawa Recreation Commission, its staff, and its agents will not be responsible for any injuries or accidents incurred by players or spectators. The ORC will not be responsible for lost or stolen items.
2. The ORC reserves the right to cancel and reschedule games as is necessary to accommodate gym space, field space, other programs, and for inclement weather.
3. Team Managers will be contacted with any cancellation and rescheduling information. It will also be posted on the website, www.orcottawaks.org. It is the team manager's responsibility to notify all other team members.
4. The operation of this league will be fully governed by the policies and regulations set forth by the Ottawa Recreation Commission staff.
5. The Ottawa Recreation Commission reserves the right to forfeit any game or match in which an infraction of league rules has been committed.
6. **The Ottawa Recreation Commission reserves the right to remove any player from competition for directing harmful and abusive language or other inappropriate action towards officials, facility supervisors, ORC staff, and/or individuals of the opposing teams. All ORC personnel have the authority to evict players from the game and/or bench.**
7. No alcohol beverages or tobacco products will be allowed at the Goppert Building, Don Woodward Community Center, USD 290 schools, Forest Park, Orli Cox or any other facilities that the ORC may use.
8. Teams must have the registration form and fee turned in by the registration deadline in order to be placed in the league. Failure to comply will result in being removed from the schedule.
9. Once the schedule is made teams may ask to reschedule a game due to conflict. However once the League games start the schedule is final. (The ORC will **TRY** and accommodate your request however we might not be able to due to circumstances.)

ROSTERS

1. All players must be 16 years or older.
2. The team roster must be turned in prior to the first game.
3. Additional player(s) must be added before playing a league game.
4. A player not on the roster will be considered an ineligible player.
5. Ineligible players used in games subject the team to forfeit games in which he or she has participated
6. All players must play in at least (3) **(half of the regular season league games)** to be eligible for the league tournament. Any player who does not meet this requirement will be considered an ineligible player and subject the

- team to forfeit tournament game(s)
7. A player may only be on one roster within a league.
 8. It is recommended that volleyball teams have a minimum of 7 players on their roster.

PLAYING RULES

1. The official USA Volleyball rules will be used with the exception of the following league adaptations.
2. **GAME TIME IS FORFEIT TIME:** If a team does not have enough players for the first game of the match, the first game is forfeited. If after 10 minutes, the team does not have enough players, the remaining games of the matches are forfeited
3. Forfeits will be scored 2-0, 2-0, 2-0.
4. Records will be based on matches won. League tie-breakers will first go to head to head record. If still tied, the tie-breaker will then go to points given up and if it is still tied after that then it will go to points scored.
5. Games will have 15 minute time limits during the regular season. There will be no time limit for tournament games and if there is a third game within the match during tournament play, the third game will be played to 15 and winning by two is required.
 - a. Each team is allowed one-thirty second timeout per game.
 - b. Game clock runs during all time outs unless there is less than 2 minutes remaining in the game and the difference in score is less than 10 points
6. Matches will consist of (3) games to 25 points
Except in tournament play, the third game will be played to 15 points and winning by two is required
 - a. Rally scoring points will be scored on each rally. If the receiving team wins the rally, they score a point and gain the service.
 - b. If a team reaches 25 points that will be match, they do not have to have a (2) point advantage.
 - c. If the time limit has expired and the score is tied, play shall continue until a team has a (1) point advantage.
7. A ball hitting the ceiling (or any permanent attachment to it) may be played if it comes back into the court side of the team that hit the ball; except on serves. A ball hitting the ceiling and landing out of bounds or across the net is a side out or point.
8. **Coed League**
 - a. Must have minimum of (4) players to start the game: Two male and two females.
 - b. Although teams may have more males than females or females than males all teams **must have at least 2 members of the opposite sex on the court at all times.**
 - c. If the ball is hit twice or more on the same side, it must be hit at least once by a female.
9. Substitution: Teams are allowed to substitute when they are serving. The substitute must enter in the back row.
10. **COED B League:** Spiking is not allowed. A spike is considered any ball hit from above the net with a downward force.

11. Women's Recreational Pool B League:

- a. Teams must have (4) women to start the game.
- b. All serves must be served with an underhand or sidearm motion
- c. Spiking is not allowed. A spike is considered any ball hit from above the net with a downward force
- d. Blocking will not be allowed.

12. Women's Recreational Pool A League:

- a. Teams must have (4) women to start the game.
- b. Serves may be served overhand. Jump serves will be allowed.
- c. Blocking is permitted. If two people block the ball at the exact time, either player may hit it again.
- d. Spiking is allowed.

Forfeits

1. A First game forfeit will be a \$10 fee and a second game forfeit will result in a \$20 fee. Fees must be paid prior to the next game played. If a team has forfeited a total of 3 games, they will be dropped from the league without being refunded. **If a team notifies the ORC office 48 hours prior to the day of the game, it will not count towards the forfeit total and forfeit fees will not be assessed.**